Entire Manual Available at: http://www.lib.jmu.edu/media/EquipmentManuals
Tips for general speech recording of excellent quality and long recording time:
Select MENU, then change these settings
• Rec mode = MP3 192kbps
• Mono Mix = ON
• AGC/Comp = ON
• Monitor = ON (allows you to check the audio level before or while recording)
• Mic: Surround 2 Ch (uses front and back mics, mixing sound to one channel.)